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Claims

1. A hand-held shower attachment having a shower head that has a surface from which jets of water exit and a grip, the grip being attached to the shower head at a location alongside the surface from which jets of water exit, wherein the ratio of the length of the grip to the maximum lateral dimension of the surface on the shower head from which jets of water exit ranges from about 0.5 to unity.
2. A shower attachment according to claim 1, where the longitudinal axis of the grip is approximately parallel to the surface on the showerhead from which jets of water exit.
3. A shower attachment according to claim 1 having a fitting for a shower hose on the end of the grip opposite the showerhead.
4. A shower attachment according to claim 3, where a union nut on the end of a shower hose acts as part of the grip.
5. A shower attachment according to claim 1, where the ratio of the depth of the shower head, measured normal to the surface from which jets of water exit, to the diameter of the surface from which jets of water exit is approximately 0.25 to 0.5.
6. A shower attachment according to claim 1, where the perimeter of the surface from which jets of water exit has an approximately oval shape.
7. A shower attachment according to claim 1, where the perimeter of the surface from which jets of water exit has a circular shape.

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